

DRY NEEDLING

ALLEVIATING MYOFASCIAL PAIN

WHAT IS DRY NEEDLING?

Dry Needling is a specific treatment that uses a small needle to treat muscle trigger points. Trigger points are bands of impaired tight muscles which can be the root of pain and dysfunction. These trigger points develop in muscles for various reasons including referred or local pain, inflammation, tissue injury or other causes.

HOW DOES DRY NEEDLING WORK?

The mechanical stimulation of the muscle produces a local twitch of muscle fibers. After this process the muscle activity dramatically reduces resulting in relaxation and decrease in pain and dysfunction.



CONDITIONS RESPONSIVE TO DRY NEEDLING:

- ✓ MUSCLE PAIN & TRIGGER POINTS
- ✓ HEADACHES & MIGRAINES
- ✓ NECK & BACK PAIN
- ✓ SCIATICA
- ✓ PLANTAR FASCITIS
- ✓ JOINT PAIN
- ✓ TMJ
- ✓ MORE!

HOW MUCH DOES IT COST?

Price ranges from \$50 - \$100
HSA & Flex Spending covers cost



Contact Us For More Information :

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